

## Example of Possible Cuts from a 1,400 Pound Steer

In this example we will use a steer that weighs 1,400 pounds on the hoof. Remember that a steer will dress about 65% of his live weight.

The whole, dressed steer will weigh about 910 pounds, and a half-beef will weigh about 455 pounds.

The fore quarter (front) will weigh about 52% of the total, dressed weight of the beef, and the hind quarter will weigh about 48%.

Here are the weights of our 1,400 pound steer example (910 pounds after dressing) ---

- Fore quarter of a whole, dressed steer = about 473 pounds
- Hind quarter of a whole, dressed steer = about 437 pounds

### Fore Quarter Cuts of a 1,400 Pound Steer

Fore Quarter Cuts	Percent	Weight	
		Full-Steer	Half-Steer
Rib Roast (steaks)	9%	43 pounds	21 pounds
Bls. Stew Meat	4%	19 pounds	10 pounds
Short Ribs	3%	14 pounds	7 pounds
Chopped Steak (hamburger)	27%	128 pounds	62 pounds
Chuck Roast & Steak	26%	123 pounds	62 pounds
	===	=====	=====
Sub-Total	69%	327 pounds	162 pounds
Bone, Fat & Trimmings	31%	147 pounds	73 pounds
	===	=====	=====
Totals	100%	474 pounds	235 pounds

### Hind Quarter Cuts of a 1,400 Pound Steer

Hind Quarter Cuts	Percent	Weight	
		Full-Steer	Half-Steer
T-Bone & Club Steaks	14%	61 pounds	31 pounds
Sirloin Steaks & Roast	12%	52 pounds	26 pounds
Round Steak or Roast	22%	96 pounds	48 pounds
Rump Roast (bls)	6%	26 pounds	13 pounds
Flank Steak	2%	9 pounds	4 pounds
Ground Beef	12%	52 pounds	26 pounds
	===	=====	=====
Sub-Total	68%	296 pounds	148 pounds
Bone, Fat & Trim	32%	140 pounds	70 pounds
	===	=====	=====
Total	100%	436 pounds	218 pounds